

For a brighter day

*Smik*

Triumph Walker | User Manual

# User Manual

(Read all operating and safety instructions before operating your walker)

## To Remove

Step 1: Carefully remove the walker frame and components from the shipping box.

Step 2: Examine all parts for damage from shipping. If any parts are missing or damaged please call 1300 930 930 for prompt Customer Service. DO NOT use the walker until all parts are received.

## Components



Walker frame  
with Bag and Seat (1)  
Backrest (1)



Front wheels (2)



Rear wheels with cable  
handle, handle and hand  
brake (2)



Leg attachment screws &  
washers (4)  
Handle height adjustment  
screws (2)

Step 3: Unfold the walker by pulling the front and rear frame apart and place on a flat surface. Lift the seat and push downward on the folding support piece so the side folding hinges are fully extended (picture 3).

Step 4: Insert the backrest into the plastic backrest hinges. Press down on the push buttons and slide the back-rest completely into the hinge until the buttons engage into the hinge holes (pull on the backrest to make sure it is secure) (picture 4).

Step 5: Turn the walker so that it rests on the rear of the frame (picture 5).



Picture 3



Picture 4



Picture 5

Step 6: Insert the front wheels into the frame for your desired seat height. (See recommended seat height below)

**For Heights 5'5" - 6'1" (upper push button)**

Push down on the top button and slide the stem into the frame. You will need to press down on the second button to allow the top button to insert into the hole on the frame (picture 6a).

**For Heights 4'10" - 5'5" (lower push button)**

Align the button just off center from the hole in the frame and slide the stem into the frame. Press down again on the lower button and continue to slide the stem into the frame while aligning the lower button with the hole on the frame until the lower button is inserted into the hole. (Be sure that both wheels are set at the same height and Pull on the legs to make sure they are secure (picture 6b).



Picture 6a



Picture 6b

**Recommended Seat Height**

The user's feet should be flat on the ground when they are properly seated on the walker. We recommend the lower seat height to fit most individuals from 4'10" - 5'4" & the higher seat height for individuals from 5'5" - 6'1".

Step 7: Turn walker over so that it rests on the front of the frame (picture 7).

Step 8: Insert the wheel leg marked (L) into the left rear frame so that the wheel is on the outside of the frame and the push buttons are lined up with the hole in the frame (picture 8).

Step 9: Insert the wheel leg marked (R) into the right rear frame so that the wheel is on the outside of the frame and the push buttons are lined up with the hole in the frame (picture 9).

**For Heights 5'5" - 6'1" (upper push button)**

Push down on the top button and slide the stem into the frame. You will need to press down on the second button to allow the top button to insert into the hole on the frame (picture 6a).

**For Heights 4'10" - 5'5" (lower push button)**

Align the button just off center from the hole in the frame and slide the stem into the frame. Press down again on the lower button and continue to slide the stem into the frame while aligning the lower button with the hole on the frame until the lower button is inserted into the hole (picture 6b).

(Be sure that both wheels are set at the same height and Pull on the legs to make sure they are secure.)



Picture 7



Picture 8



Picture 9

Step 10: Turn the walker over so that it is resting on the wheels. Be sure that all the four wheels are flat and that the seat is level (picture 10).

Step 11: Insert the handles into the frame being sure that the cables are on the outside of the frame (picture 11).

Step 12: Insert the four leg attachment screws into the holes located on the outside of the frame. Hand-tighten until the screws are secure and the plastic knob is flush with the frame. Be sure all four screw legs screws are secure before using the walker (picture 12).



Picture 10



Picture 11



Picture 12

### Determining the Correct Handle Height

Stand upright behind the walker with your arms hanging at your side and both feet in line with the rear wheels. Adjust the height of the walker handles so that they are even with the wrist of the user. This should create a 20 to 30 degree bend in the elbow when using the walker.

Step 13: Align the hole in the handle with the hole in the frame to your selected handle height and insert the handle height adjustment screw into the cutout on the inside of the frame until the threads are exposed on the outside of the frame. MAKE SURE THE HEX SCREW HEAD FITS INTO THE HEX HEXCUT-OUT ON THE INSIDE OF THE FRAME (picture 13).

Step 14: Place the plastic washer onto the screw and then hand tighten the plastic knob until secure. (Adjustment handle should be tight and not move from side to side) (picture 14).

Step 15: Attach the plastic cable guide to the frame of the walker (picture 15).



Picture 13



Picture 14



Picture 15

## Operating instructions

### To Open

Step 1: Place the walker in the upright position resting on the rear wheels. Hold both handles and squeeze the hand brakes while pushing forward on the walker until it rests on all four wheels (picture 16).

Step 2: Lift up on the padded seat and press down on the bottom of the bag. You will feel the center support bar located under the carry bag. Push down until it locks into place (picture 17a).

### To Close

Lift up the seat and pull on the nylon carry handle until the walker closes (picture 17b).



Picture 16



Picture 17a



Picture 17b

### To Check the Hand Brakes

You should check to make sure the hand brakes are working properly before each use. Squeeze the brake handles to make sure that the brake pad contacts the wheel and can stop the walker. Push down on the hand brakes until they lock into position and make sure that the brake pad contacts the wheel and can stop the walker.



Picture 18



Picture 19



Picture 20

### Adjusting the Brakes

The brakes should be preset to work properly. To maintain the preset condition or to adjust the brake tension; Place the walker on a flat surface and loosen the nut from the top of the brake shoe near the wheel (picture 18).

### To Tighten the Brake

Turn the tension adjustment screw counter clockwise until you reach the desired tension (picture 19).

### To Loosen the Brake

Turn the tension adjustment screw clockwise until you reach the desired tension Tighten the nut back down so that it is tight against the top of the brake pad after you have achieved the desired tension (picture 20).

### How to Walk with a Rolling Walker

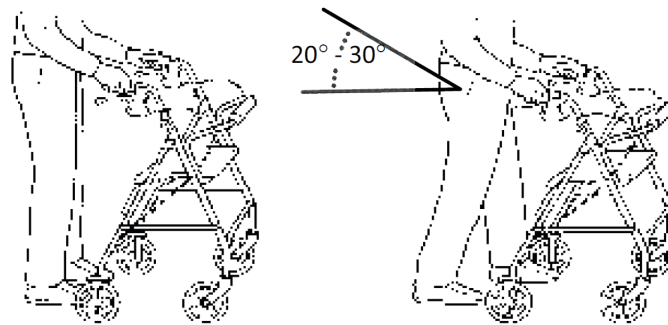
Step 1: Hold the handles with your fingers resting around the hand brake in the squeezing position. This position will allow you to quickly stop the walker or control your speed if necessary by squeezing the hand brake.

Step 2: Roll your walker slowly forward so that the rear wheels are a few inches ahead of your body.

Step 3: Step forward and place one foot in line with the rear wheels.

Step 4: Maintaining a steady roll forward, place your other foot in line with the rear wheels.

Step 5: Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.



### How to Sit with a Rolling Walker

Step 1: Lock the brakes by pushing down on the knob located at the rear of the brake handle until it locks in the downward position.

Step 2: Test the walker before sitting down to make sure that it won't roll.

Step 3: Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the walker.

Step 4: Use the handles to stabilize your body as you turn around.

Step 5: Holding your hands on the handles, slowly lower your body onto the seat. DO NOT support your full body weight on the handles when attempting to sit down.

### Warning

Walker must be in a stationary position, on a level surface with the brakes locked when sitting or attempting to sit. DO NOT scoot around or navigate the walker when in the seated position. Risk of serious damage to the walker and serious injury may result if brakes are not in the locked position.

### Maintenance

Check your walker periodically to make sure that the brakes are working correctly and that all of the nuts and bolts are secure. Do not use the walker if the brakes are not working correctly.

# One Year Warranty


Smik stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This warranty represents our confidence in the materials and workmanship of our product. Smik extends this warranty only to the original purchaser of this product. The warranty does not extend to any subsequent purchaser or owner. The warranty is void upon any sale or transfer of ownership or use by other person. Smik warrants its products are free from defects in material and workmanship under NORMAL use for the period commencing upon the date of purchase and continuing for the following specified period of time after that date.

This warranty does not cover problems due to user negligence, misuse of the product, failure to adhere to product instructions, or normal wear and tear. Items that have been subject to negligent abuse, modified without prior written authorisation are not covered within this warranty. For warranty service, please contact the dealer from whom you purchased your Smik product. In the event that you do not receive satisfactory service please call us directly at the number below. Be prepared to indicate, the nature of the defect, the product serial number and the name and location of where you purchased the product. You will also be required to provide a receipt of your purchase. DO NOT return any products to our office without prior consent.

Repair or replacement is the only remedy under this limited warranty. This warranty does not include any labour or shipping charges incurred in replacement part installation or repair of the product. THIS WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES, IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. SMIK SHALL NOT BE LIABLE FOR ANY SEQUENTIAL OR INCIDENTAL DAMAGES WHATSOEVER.

# Safety Instructions

**WARNING**

 Failure to follow any or all safety instructions may result in serious injury or death.

- DO NOT ADJUST, MAINTAIN, OR OPERATE THIS TRANSPORT CHAIR WITHOUT READING, UNDERSTANDING, AND FOLLOWING, THE PROPER INSTRUCTIONS INCLUDED WITH THIS PRODUCT

- Read walker guidebook before operating or using any Triumph Walker
- DO NOT exceed 250 lb. weight capacity.
- Periodically check Leg and handle height adjustments screws to make sure they are secure.
- Periodically check push buttons on legs and backrest to make sure they are engaged.
- Always contact your physician or therapist before using to determine proper adjustment and usage.
- DO NOT use as a wheelchair or to transport someone.
- DO NOT self propel or scoot around while seated.
- Brakes must be in locked position before using the seat. Do not attempt to push yourself or ambulate in any way.
- Backrest must always be attached when using and is not designed to support the entire weight of the user.
- Do not use on stairs, escalators, moving sidewalks or any uneven surfaces.
- Do not attempt to reach for items while seated on the walker. This motion may cause a change in weight distribution and cause the walker to tip or become unstable.
- The walker basket has a weight capacity of 10 lbs. Items should not hang over the top or front of the basket.
- Care should be taken to ensure that all height adjustment knobs, castors, or any other moving objects are in good working order before operating.
- Make sure walker frame is fully opened before use.
- DO NOT sit on the walker on an incline.
- DO NOT remove warning sticker.

02 9714 1111 | [info@carequip.com.au](mailto:info@carequip.com.au)  
[smikcare.com.au](http://smikcare.com.au)

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